Winter CSA Package

This is the registration form for the 2010-11 Winter CSA Package. You may also register at www.myfreshfork.com

The 2010 Summer CSA has been a huge success. This has allowed me the purchasing power to assure my producers that a winter market exists. We have been working hard to make sure there will be a variety of foods available over the winter (besides just winter squash). Although the selection will not be as large as the summer selection, I do hope it will allow for a strong local component in your diet, including meats, some produce, and shelf stable products like grains, breads, pastas, eggs, milk, and more.

Below are some details on the Winter program. The biggest changes from the summer program are:

- Change in pickup times/locations. The Westlake and Middleburg Heights stops will be on Thursday nights at about the same times. The location will be the same (Westlake = Applebees, Middleburg Heights = Big Creek Elementary) for the first week until I can find indoor locations. Beachwood, Hudson, and Tremont will remain at the same location and about the same time. The Mentor stop is currently unavailable for the Winter CSA. The only time changes are reduced pickup windows for Beachwood and Westlake (see below)
- **Change in product selection.** There will not be a vegan or vegetarian option. The volume of food per bag will be significantly smaller but the value will be the same. The selection of foods will be more heavily based on meats, cheeses, grains, and other shelf stable products.
- Price change. The price of the Winter CSA package will be \$45 per week. There will be no small and large bags initially.
- **Frequency.** The package will be bi-weekly to allow for variations in weather and supply availability. The expected delivery dates are below and are subject to change as needed.
- Start Date: Thursday, Oct 28th Saturday, Nov 1
 Expected Dates: These dates generally reflect Thursday thru Saturday with the exception of Thanksgiving week and Christmas week.
 Dates: 10.28-10.30, 11.11 11.13, 11.22 11.24, 12.9 12.11, 12.21 12.23, 1.6 1.8, 1.20 1.22, 2.3 2.5, 2.17 2.19, 3.3 3.5, 3.17 3.19, 3.31 4.2, 4.14 4.16, 4.28 4.30, 5.12 5.14
- **Signing Up:** check <u>www.myfreshfork.com</u> today. Or, complete this form and return to your CSA pickup or mail to Fresh Fork Market, PO Box 609612, Cleveland OH 44109. Also you may email to <u>csa@freshforkmarket.com</u>, attention Trevor.

Name	Phone
Email	_
Preferred Pickup Location (you may change throughout the season)	
Westlake (Applebees parking lot, Thursdays 4:30-6:30 PM) N	liddleburg Heights (Big Creek Elem, Thurs 7-9 PM)
Beachwood (Beachwood High Sch, Fridays 4:30-6:30 PM)	udson (Wine Way Parking lot, Fridays 7-9 PM)
Tremont (behind Lilly Chocolates, Saturdays 10 AM – 1 PM)	

Please return this form with a \$90 check payable to Fresh Fork Market. This is your first month's installment paid upfront. Full payment details will follow in a separate, direct email.