



## *2013 Holiday Food and Gift Guide*

The holidays are here! That means it is time for gathering with friends and family and celebrating. You can make this year a truly local holiday by choosing food and gifts from Fresh Fork Market.

Choose your favorite traditional holiday foods like smoked ham or a roast goose, or make something spectacular like a rack of lamb. Whatever you choose, buying local keeps your money here in the Northeast Ohio community.

If you are a gift giver, check out our selection of gift items. From locally produced food stuffs to hand crafted ceramics to clothing items, there is something for everyone on your gift list. You can order these items for delivery the week before Christmas. If you need something sooner (like a hostess gift for that holiday party) send us an email at [info@FreshForkMarket.com](mailto:info@FreshForkMarket.com)

**Place your orders online at [FreshForkMarket.com](http://FreshForkMarket.com)**

From all of us at Fresh Fork Market-

Have A Wonderful Holiday Season!

## *For Dining*

### **Half Hams (approx 9-10 lbs) \$60.00**

These premium hams are from pasture raised, Berkshire pork hogs. The hogs are fed a natural diet of the forage they find at pasture and locally milled grains, including oats, corn, and legumes. They are raised without antibiotics or hormones. The ham is smoked (fully cooked) with the bone in.

### **Combo 1: Ham Sandwich \$85.00**

Half Ham (9-10 lbs) • 1/2 Pint Homemade Pepper Butter • 1 lb local honey • 1 dz sandwich buns/rolls • 1 lb grass-grazed Havarti cheese

### **Combo 2: Breakfast Ham Combo \$92.00**

Half Ham (9-10 lbs) • Locally Produced Hot Sauce • Pastured Chicken Eggs (1 dz) • Potatoes (5 lb) • Grass grazed Gouda cheese (8 oz) • Eggnog, from local grass grazed milk (1 qt) • Whole Wheat Bread

### **Geese: \$50.00**

Goose has been the traditional food for Christmas since the middle ages. Rich and dense, these birds are pasture raised.

### **Turkeys: \$65.00**

Fresh, pasture raised turkeys from local producers. These birds are hormone and antibiotic free. Weights will vary, approximately 18-20 pounds each.

### **Muscovy Ducks: \$30.00 each**

These are the finest duck available and have a unique taste that is both meaty and flavorful. Average weight 5.5 lb

### **Rack of Lamb: \$20.00 lb**

To make your holiday something to remember, why not prepare a rack of lamb? These lamb racks are beautiful. The racks are approximately 7-8 bones and are Frenched. They come from a local producer who pasture raises these lambs with no hormones or antibiotics. They are 100% grass-fed.

**Cheese Tray: \$45.00**

Delight your family and guests with a full tray of artisan cheeses. This year's selection includes cheese from an assortment of local cheese makers. Each tray will come with whole apples.

- Yellow House Blue (6 oz) *sheep's milk* • Charloe (6 oz) *cow's milk* • Smoked Cheddar (8 oz) *cow's milk* • Brie (7 oz wheel) *cow's milk* • Lemon Chevre (4 oz) *goat's milk* • Hull's Trace Aged Cheddar (6 oz) *cow's milk*

**Ohio Antipasti Plate \$40**

A tasty grouping of local products that is sure to please. It features a locally made cheese board that is crafted from reclaimed wood. Packaged with your tray comes a pound of Trail Bologna, a half pound of beef snack sticks, one 8 oz slice of Baby Buche goat cheese, one 8 oz wedge of Havarti, and a jar of Roasted Cherry Tomatoes.

**Cheesecakes: \$32.00 (whole)**

Handmade Cheesecakes from Fabulous Homemade Cheesecakes. Some of the finest cheesecakes you will ever taste. Whole cheesecakes are 10 inch size.

**\$40 & \$22 (samplers)**

Samplers come in 6 packs ( 2 of each flavor) or 3 packs (1 each flavor). Samplers are made up of 4- inch sized cheesecakes.

- Bailey's Irish Cream • Vanilla with Raspberry • Peanut Butter Cup

**Pies: \$22**

Delicious pies are produced by Humble Pie Baking Company. These pies are with fillings from local fruits. The crusts are made from organic sugar and flour, butter from local grass-fed cows, and leaf lard from pasture raised Berkshire hogs.



- Apple • Pumpkin • Pumpkin Pecan • Pecan • Chocolate Pecan • Confetti

*For Giving*

**Cheese Board \$25**

This is the perfect hostess gift. It features a locally made cheese board that is crafted from reclaimed wood. With it comes a jar of Clark Pope's delicious Strawberry Balsamic Sauce and a wheel of Mayfield Road Creamery Brie.



**Hot Sauce Pack \$15**

For the hot sauce lover on your list, try this selection of hand crafted hot sauces. One 5 oz bottle each of:

- Pope's Buring River • Pope's Smoking River • Pope's Local Hotness



**Parisian Macarons \$7.50**

A five pack of tasty macarons from the Meringue Bakery. All herbs, whiskey, and honey are local. One each of:

- Fresh Mint • Caramel Spice • Honey Lavender • Cleveland Whiskey • Dark Chocolate.



**Taste of Ohio Gift Pack \$30**

Five unique products that highlight the flavors of Ohio. This pack contains one each of:

- Brussels Sprout Relish • Clark Pope Spiced Peach Butter • Whole-some Valley Peaches • Pappy's Pepper Butter • Abby's Kitchen Jam

## Sugar Plum Mixes \$20

Sweet, delicious treats are quick and easy with Sugar Plum Cake Company baking mixes. Made from the finest ingredients, these are simply the best baked treats that you can make. The fudgy brownies are a hands down favorite. One each of:

Super Fudge Brownie Mix •  
Mello Yello Cake Mix • My Little  
Honey Muffin Mix



## Fresh Fork Ceramics \$25 each

These Fresh Fork Market exclusive products are hand made by local ceramics artist Gina DeSantis. Choose from our hand crafted butter crock, limited edition corn plates, and decorative honey pots.



## Ohio Jam Gift Pack

\$24

Three jams made from local fruit by Humble Pie Baking Company. Flavors include:

Flaming Fury Peach • Apricot • Ohio Plum



## Clark Pope's Tomato Gift Pack \$20

A three pack of favorites from Clark Pope Catering that show off the tasty flavors of Ohio tomatoes. Each pack includes one pint each of:

Bloody Mary Mix • Heirloom Tomato  
Sauce • Barbecue Sauce

## Gift Certificates

Give the gift of fresh local foods from Fresh Fork Market. We offer gift certificates in any denomination or any combination that you want to give. Want to give 3 weeks of the summer share? A whole season of our farm fresh products? How about 2 fresh made pies? Or you can give any monetary amount that you choose and let the receiver decide what they want to buy with it. The possibilities are almost endless, but no matter what you choose, your gift certificate is sure to please. Call 800-861-8582 to order. Deadline is December 18th to arrive in time for the holidays.





