

Fresh Fork Market Summer Share 2015: Week 14

Bag Contents Subject to Change

Small Omnivore

Whole Chicken - 1
Fennel - 1 bulb with top
Kohlrabi - 1
Collard Greens - 1 bunch
Zucchini - 2
Onion - 1
Sweet Corn - 4 ears
Watermelon - 1
Paula Red Apples - 1/4
peck
Peaches

Large Omnivore

Whole Chicken - 1
Fennel - 1 bulb with top
Kohlrabi - 1
Collard Greens - 1 bunch
Zucchini - 2
Onion - 1
Sweet Corn - 4 ears
Watermelon - 1
Paula Red Apples - 1/4
peck
Peaches
Parsley - 1 bunch
Celery - 1 bunch
Spelt Flour - 2#
Sorghum Syrup - 1#
Pinto Beans - 1#

Small Vegetarian

Poblano Peppers - handful
Fennel - 1 bulb with top
Kohlrabi - 1
Collard Greens - 1 bunch
Zucchini - 2
Onion - 1
Sweet Corn - 4 ears
Watermelon - 1
Paula Red Apples - 1/4
peck
Peaches
Parsley - 1 bunch
Celery - 1 bunch
Spelt Flour - 2#
Sorghum Syrup - 1#
Pinto Beans - 1#

Large Vegetarian

Poblano Peppers - handful
Fennel - 1 bulb with top
Kohlrabi - 1
Collard Greens - 1 bunch
Zucchini - 2
Onion - 1
Sweet Corn - 4 ears
Watermelon - 1
Paula Red Apples - 1/4
peck
Peaches
Parsley - 1 bunch
Celery - 1 bunch
Spelt Flour - 2#
Sorghum Syrup - 1#
Pinto Beans - 1#
Oats: 2#
Sharp Cheddar - 8 oz
Extra Sweet Corn
Whole Wheat Linguine 1 #

Vegan

Poblano Peppers - handful
Fennel - 1 bulb with top
Kohlrabi - 1
Collard Greens - 1 bunch
Zucchini - 2
Onion - 1
Sweet Corn - 4 ears
Watermelon - 1
Paula Red Apples - 1/4
peck
Peaches
Parsley - 1 bunch
Celery - 1 bunch
Spelt Flour - 2#
Sorghum Syrup - 1#
Pinto Beans - 1#

