

# Fresh Fork Market Summer Share 2015: Week 18

Bag Contents Subject to Change

## Small Omnivore

Acorn Squash - x 1

Kale - 1 bunch

Green Beans - 1#

Eggplant - 1 to 2  
depending on size

Pinto Beans - 1#

Apples - 1 quarter peck

Lettuce - 1 head, romaine  
or green leaf

Breakfast Patties

## Large Omnivore

Acorn Squash - x 1

Kale - 1 bunch

Green Beans - 1#

Eggplant - 1 to 2 depending  
on size

Pinto Beans - 1#

Apples - 1 quarter peck

Lettuce - 1 head, romaine  
or green leaf

Breakfast Patties

Broccoli - 1 head

Onion - 1 ct

Zucchini x 2

Apple Cider - half gall.

Ham Hock

## Small Vegetarian

Acorn Squash - x 1

Kale - 1 bunch

Green Beans - 1#

Eggplant - 1 to 2  
depending on size

Pinto Beans - 1#

Apples - 1 quarter peck

Lettuce - 1 head, romaine  
or green leaf

Spaghetti Squash

Broccoli - 1 head

## Large Vegetarian

Acorn Squash - x 1

Kale - 1 bunch

Green Beans - 1#

Eggplant - 1 to 2  
depending on size

Pinto Beans - 1#

Apples - 1 quarter peck

Lettuce - 1 head, romaine  
or green leaf

Spaghetti Squash

**Broccoli - 2 heads**

Onion - 1 ct

Zucchini x 2

Apple Cider - half gall.

Hull's Trace Cheese

## Vegan

Acorn Squash - x 1

Kale - 1 bunch

Green Beans - 1#

Eggplant - 1 to 2 depending  
on size

Pinto Beans - 1#

Apples - 1 quarter peck

Lettuce - 1 head, romaine  
or green leaf

Spaghetti Squash

Broccoli - 1 head

