

Fresh Fork Market Summer Share 2015: Week 20

Bag Contents Subject to Change

Small Omnivore

Carrots - 1 bunch

Cauliflower - 1 head

Potatoes - 2#

Green Peppers - 2

Concord Grapes - 1 qt

Cherry Tomatoes - 1 pint

Green Beans - 1 lb

Romaine Lettuce - 1 head

Tuscan Kale - 1 bunch

Large Omnivore

Carrots - 1 bunch

Cauliflower - 1 head

Potatoes - 2#

Green Peppers - 2

Concord Grapes - 1 qt

Cherry Tomatoes - 1 pint

Green Beans - 1 lb

Romaine Lettuce - 1 head

Tuscan Kale - 1 bunch

Broccoli

Acorn Squash

Turnips

Choice: Spare Ribs or
Italian Sausage

Small Vegetarian

Carrots - 1 bunch

Cauliflower - 1 head

Potatoes - 2#

Green Peppers - 2

Concord Grapes - 1 qt

Cherry Tomatoes - 1 pint

Green Beans - 1 lb

Romaine Lettuce - 1 head

Tuscan Kale - 1 bunch

Large Vegetarian

Carrots - 1 bunch

Cauliflower - 1 head

Potatoes - 2#

Green Peppers - 2

Concord Grapes - 1 qt

Cherry Tomatoes - 1 pint

Green Beans - 1 lb

Romaine Lettuce - 1 head

Tuscan Kale - 1 bunch

Broccoli

Acorn Squash

Turnips

Heirloom Tomato Sauce -
1 qt

Vegan

Carrots - 1 bunch

Cauliflower - 1 head

Potatoes - 2#

Green Peppers - 2

Concord Grapes - 1 qt

Cherry Tomatoes - 1 pint

Green Beans - 1 lb

Romaine Lettuce - 1 head

Tuscan Kale - 1 bunch

