



Fresh Fork Market Winter Share 2015-16:  
Week 2

Bag Contents Subject to Change

**Omnivore**

Pork Chops - 1 pkg (2 chops)

Apple Cider

Flat Rock Cheese

Turnips w tops

Yukon gold potatoes - 3#

Beets with tops

Carrots - 1#

Parsley root - 1 bunch

Acorn Squash - 1

Butternut squash - 1

Collards - 1 bunch

Broccoli - 1 head

**Vegetarian Pilot**

Vegetarian Lasagna\*

Apple Cider

Flat Rock Cheese

Turnips w tops

Yukon gold potatoes - 3#

Beets with tops

Carrots - 1#

Parsley root - 1 bunch

Acorn Squash - 1

Butternut squash - 1

Collards - 1 bunch

Broccoli - 1 head

\*Eggplant & Summer Squash lasagna with two types of cheese (feta & ricotta), Kale & Spaghetti Squash.