



Fresh Fork Market Winter Share 2015-16:
Week 10

Bag Contents Subject to Change

Omnivore

Chicken- 1 whole
Turkey Patties - 1#
Potatoes, yukon gold - 3#
Turnips, 3#
Carrots, 2#
Onion
Frozen Green Beans - 1 quart
Frozen Sweet Corn - 1 pint
Frozen Tomatoes - 1 quart
Apple Cider - 1/2 gal
Garlic Dill Fermented Pickles - 1
pint, sliced or whole

Vegetarian Pilot

Pinto Beans - 2# bag
Eggs - 1 dz
Potatoes, yukon gold - 3#
Turnips, 3#
Carrots, 2#
Onion
Frozen Green Beans - 1 quart
Frozen Sweet Corn - 1 pint
Frozen Tomatoes - 1 quart
Apple Cider - 1/2 gal
Garlic Dill Fermented Pickles - 1 pint,
sliced or whole
Salsa* - 1 pint

*Contains: Roma tomatoes, onions, garlic, hot
peppers, pimento pepper, bell peppers, sugar, salt,
white pepper, cilantro and fresh lime juice