



Fresh Fork Market Winter Share 2015-16: Week 9

Bag Contents Subject to Change

Omnivore

Pizza Dough Balls - 2
Tomato Sauce - 1 pint
Italian Sausage - 1 lb
Onion
Apples
Kale
Fresh Mozzarella (new!) - 8 oz
Grape Cider - 1 quart
Sweet Potatoes - 3#
Blueberries - 1 pint frozen
Frozen Sweet Corn - 1 pint
Ribs Choice (baby back or
spareribs) - 1 slab OR Venison
Pack (1# ground & 1# stew meat)

Vegetarian Pilot

Pizza Dough Balls - 2
Tomato Sauce - 1 pint
Spelt Berries
Onion
Apples
Kale
Fresh Mozzarella (new!) - 8 oz
Grape Cider - 1 quart
Sweet Potatoes - 3 #
Blueberries - 1 pint frozen
Frozen Sweet Corn - 1 pint
Curried Cauliflower Soup* - 1 quart
Broccoli Soup** - 1 quart

* Contains: Cauliflower, onions, shallots, garlic, celery, parsnip, cilantro, curry, coconut milk, fresh lime juice, coriander, pink salt, vegetable stock, heavy cream.

** Contains: Broccoli, apples, garlic, vegetable stock, nutmeg, celery, onions, cream, pink salt, white pepper, cheddar cheese.