



Fresh Fork Market Winter Share 2015-16: Week 14

Bag Contents Subject to Change

Omnivore

Pork Shoulder Roast

Sauerkraut or Tomato Sauce (based on availability)

Eggs - 1 dozen

Ramps

Frozen Blueberries

Frozen Corn

Spinach

Farm Entrée - the Back 40 Stack Pie*

Grape Cider

*Filling: Pork Shoulder, Beef Round, Kielbasa, Red Kidney Beans, Potato, Eggplant, Diced Tomato, Onion, Garlic, Heavy Cream, Beef Stock, Feta Cheese (pasteurized goat milk, enzymes, salt), Worcestershire Sauce

Spices: Mustard Powder, Thyme, Allspice, Chipotle Pepper, Black Pepper, Salt

Crumb Topping: Golden White Pastry Flour, Cornmeal, Sugar, Baking Powder, Salt, Butter, Buttermilk, Sweet Corn Kernels

Vegetarian Pilot

Flat Rock Cheese

Sauerkraut or Tomato Sauce (based on availability)

Eggs - 1 dozen

Ramps

Frozen Blueberries

Frozen Corn

Spinach

Farm Entree - Veggie Back 40 Stack Pie*

Grape Cider

Cornmeal - 2# bag

*Filling: Red Kidney Beans, Potato, Eggplant, Diced Tomato, Onion, Garlic, Heavy Cream, Feta Cheese (pasteurized goat milk, enzymes, salt), Worcestershire Sauce

Spices: Mustard Powder, Thyme, Allspice, Chipotle Pepper, Black Pepper, Salt

Crumb Topping: Golden White Pastry Flour, Cornmeal, Sugar, Baking Powder, Salt, Butter, Buttermilk, Sweet Corn Kernels