## Fresh Fork Market Summer Share 2016: Week 7

Bag Contents Subject to Change

Small Omnivore	Large Omnivore	Small Vegetarian	Large Vegetarian	Vegan
Ground Beef- 1#	Ground Beef- 1#	Pinto Beans- 1#	Pinto Beans- 1#	Pinto Beans- 1#
Green Cabbage	Green Cabbage	Green Cabbage	Green Cabbage	Green Cabbage
Zucchini - 2 ct	Zucchini - 2 ct	Zucchini - 2 ct	Zucchini - 2 ct	Zucchini - 2 ct
Cucumbers - 2 ct	Cucumbers - 2 ct	Cucumbers - 2 ct	Cucumbers - 2 ct	Cucumbers - 2 ct
Onion - 1	Onion - 1	Onion - 1	Onion - 1	Onion - 1
Carrots - 1 bunch	Carrots - 1 bunch	Carrots - 1 bunch	Carrots - 1 bunch	Carrots - 1 bunch
Green Beans - 1#	Green Beans - 1#	Green Beans - 1#	Green Beans - 1#	Green Beans - 1#
Cherries, Sweet - 1#	Cherries, Sweet - 1#	Cherries, Sweet - 1 #	Cherries, Sweet - 1#	Cherries, Sweet - 1 #
Blueberries - 1 pint	Blueberries - 1 pint	Blueberries - 1 pint	Blueberries - 1 pint	Blueberries - 1 pint
Lettuce - 1 head	Lettuce - 1 head	Lettuce - 1 head	Lettuce - 1 head	Lettuce - 1 head
	Red Potatoes- 2#	Red Potatoes- 2#	Red Potatoes- 2#	Red Potatoes- 2#
	Sweet Corn- 4 ears		Sweet Corn- 4 ears	
FRESH FORK MARKET	Extra Cherries - 1#		Extra Cherries - 1#	
	Italian Links - 1.25#, 4 links		Canned Peaches- 1 qt	
			Corn Chips	
			Grilled Tomato Salsa	