

Fresh Fork Market Summer Share 2016: Week 20

Bag Contents Subject to Change

Small Omnivore

Green Beans
Spaghetti Squash
Onion
Celeriac
Potatoes
Eggplant
Beets
Plums

Large Omnivore

Green Beans
Spaghetti Squash
Onion
Celeriac
Potatoes
Eggplant
Beets
Plums

Small Vegetarian

Green Beans
Spaghetti Squash
Onion
Celeriac
Potatoes
Eggplant
Beets
Plums

Large Vegetarian

Green Beans
Spaghetti Squash
Onion
Celeriac
Potatoes
Eggplant
Beets
Plums

Vegan

Green Beans
Spaghetti Squash
Onion
Celeriac
Potatoes
Eggplant
Beets
Plums

Chorizo or Ground
Beef - 1 lb bulk

Chorizo or Ground Beef -
1 lb bulk

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Pickles

Carrots

Broccoli

Velvet View Yogurt - 1 qt

Red Kuri Squash

Kale

Cauliflower

Red Kuri Squash

Kale

Cauliflower

Pickles

Carrots

Broccoli

Velvet View Yogurt - 1 qt

Red Kuri Squash

Kale

Cauliflower

