



## Fresh Fork Market

### Winter Share 2016/17: Week 1

Just like the weather, Bag Contents might shift!

#### **Omnivore**

Pork Spareribs  
Green Cabbage  
Brussels Sprouts  
Red & Blue Potatoes - 3#  
Leek  
Butternut Squash  
Cider  
Eggs  
Lettuce  
Cauliflower  
Broccoli  
Turnips  
Cilantro

#### **Vegetarian**

Broccoli Soup\* - 1 qt  
Green Cabbage  
Brussels Sprouts  
Red & Blue mixed Potatoes - 3#  
Leek  
Butternut Squash  
Cider  
Eggs  
Lettuce  
Cauliflower  
Broccoli  
Turnips  
Cilantro  
Spelt Berries

\*Broccoli Soup Contains: broccoli, potatoes, heavy whipping cream, butter, golden white hard wheat flour, veggie stock, onions, garlic, parsley, bay leaf, himalayan pink salt, white pepper, thyme, and rainbow carrots.