



Fresh Fork Market

Winter Share 2016/17: Week 4

Just like the weather, Bag Contents might shift!

Omnivore

Corn Crackers
Chorizo - 1# bulk
Brussels Sprouts
Onion
Frozen Corn - 1 pint
Apples
Carrots - 1 #
Sweet Potatoes - 3#
Winter Squash - Butternut or Acorn
Frozen tomatoes - 1 qt, diced
Canned Peaches - 1 qt
Eggs - 1 dozen

Vegetarian

Corn Crackers
Cheese Choice
Brussels Sprouts
Onion
Frozen Corn - 2 pints
Apples
carrots - 1 #
Sweet Potatoes - 3#
Winter Squash - Butternut or Acorn
Frozen tomatoes - 1 qt, diced
Canned Peaches - 1 qt
Eggs - 1 dozen