



## Fresh Fork Market

### Winter Share 2016/17: Week 7

Just like the weather, Bag Contents might shift!

#### **Omnivore**

Pizza Dough\* - 2 count  
Tomato Sauce\*\* - 1 pint  
Italian Sausage bulk - 1#  
Eggs - 1 dozen  
Kale - 1 bunch  
Mozzarella Cheese - 8 oz  
Guernsey Yogurt - 1 quart  
Tiny Taters - 1 quart  
Goldrush Apples - quarter peck  
Frozen Green Peppers & Onions - 1 qt  
Green Cabbage - 1 head  
Onion - 1 count

#### **Vegetarian**

Pizza Dough\* - 2 count  
Tomato Sauce\*\* - 1 pint  
Carrots - 1#  
Eggs - 1 dozen  
Kale - 1 bunch  
Mozzarella Cheese - 8 oz  
Guernsey Yogurt - 1 quart  
Tiny Taters - 1 quart  
Goldrush Apples - quarter peck  
Frozen Green Peppers & Onions - 1 qt  
Green Cabbage - 1 head  
Onion - 1 count  
Leaf Lettuce - 1 head

\*Pizza Dough contains: whole wheat flour, yeast, kosher salt, honey, sunflower oil, water

\*\* Tomato Sauce contains: Heirloom and Roma tomatoes, onion, garlic, onion powder, garlic powder, dry mustard, celery seed, basil, oregano, parsley, pink himalayan salt, cane sugar, extra virgin olive oil