

FRESH FORK MARKET
 Summer Share 2017: Week 3

Just Like the Weather, Bag Contents Subject to Change

<u>Small Omnivore</u>	<u>Large Omnivore</u>	<u>Vegetarian</u>	<u>Large Vegetarian</u>	<u>Vegan</u>
Corn Crackers	Corn Crackers	Corn Crackers	Corn Crackers	Corn Crackers
Lettuce	Lettuce	Lettuce	Lettuce	Lettuce
Black Beans	Black Beans	Black Beans	Black Beans	Black Beans
Cauliflower	Cauliflower	Cauliflower	Cauliflower	Cauliflower
Zucchini	Zucchini	Zucchini	Zucchini	Zucchini
Spinach/Swiss Chard	Spinach/Swiss Chard	Spinach/Swiss Chard	Spinach/Swiss Chard	Spinach/Swiss Chard
Chorizo - 1#	Chorizo - 1#	Beets - 1 bunch	Beets - 1 bunch	Beets - 1 bunch
		Strawberries - 1 qt	Strawberries - 1 qt	Strawberries - 1 qt
	Yellow Squash		Yellow Squash	
	Kraut - 1 qt		Kraut - 1 qt	
	Boston Butt Roast		Grilled Tomatillo Salsa	
			Whole Wheat Pasta	

