

FRESH FORK MARKET

Summer Share 2017: Week 20

Just Like the Weather, Bag Contents Subject to Change

Small Omnivore

Dried Beans - 1#

Brussels sprouts - 1 stalk

Cauliflower - 1 head

Apple cider - 1/2 gallon

Carrots - 1 bunch

Green beans - 1#

Celeriac - 1 bulb

Concord grapes - 1 qt

Large Omnivore

Dried Beans - 1#

Brussels sprouts - 1 stalk

Cauliflower - 1 head

Apple cider - 1/2 gallon

Carrots - 1 bunch

Green beans - 1#

Celeriac - 1 bulb

Concord grapes - 1 qt

Ham Hock - 1

Broccoli - 1 head

Peppers - 2

Apples - 5 to 6

Ground Beef - 1#

Roma Tomatoes - 2.5#

Vegetarian

Dried Beans - 1#

Brussels sprouts - 1 stalk

Cauliflower - 1 head

Apple cider - 1/2 gallon

Carrots - 1 bunch

Green beans - 1#

Celeriac - 1 bulb

Concord grapes - 1 qt

Roma Tomatoes - 2.5#

Large Vegetarian

Dried Beans - 1#

Brussels sprouts - 1 stalk

Cauliflower - 1 head

Apple cider - 1/2 gallon

Carrots - 1 bunch

Green beans - 1#

Celeriac - 1 bulb

Concord grapes - 1 qt

Roma Tomatoes - 2.5#

Broccoli - 1 head

Peppers - 2

Apples - 5 to 6

Canned Peaches - 1 qt

Butternut Squash - 1

Vegan

Dried Beans - 1#

Brussels sprouts - 1 stalk

Cauliflower - 1 head

Apple cider - 1/2 gallon

Carrots - 1 bunch

Green beans - 1#

Celeriac - 1 bulb

Concord grapes - 1 qt

Roma Tomatoes - 2.5#

