



FRESH FORK MARKET

Winter Share 2017-18: Week 11

Just Like the Weather, Bag Contents Subject to Change

Omnivore

Swiss Chard & Feta Ravioli* - 12 oz

Tomato Sauce - 1 pint

Shredded Mozzarella - 8 oz

Frozen Cantaloupe - 1 pint

Frozen Blackberries - 1 pint

Lettuce - 1 head

Dried beans - 1 lb

Green Onion Brats - 4 links

Vegetarian

Swiss Chard & Feta Ravioli* - 12 oz

Tomato Sauce - 1 pint

Shredded Mozzarella - 8 oz

Frozen Cantaloupe - 1 pint

Frozen Blackberries - 1 pint

Lettuce - 1 head

Dried beans - 1 lb

Eggs - 1 dozen

Apples - 5 to 6

*Swiss Chard & Feta Ravioli Ingredients:

Dough - organic unbleached soft winter wheat flour, eggs, salt

Filling - Swiss chard, Ricotta cheese, Feta cheese (pasteurized sheep's milk, pasteurized cow's milk, water, salt, rennet and cultures), caramelized onion, salt & spices.