



FRESH FORK MARKET

Winter Share 2017-18: Week 13

Just Like the Weather, Bag Contents Subject to Change

Omnivore

- Fryer Chicken - 1
- Frozen Corn - 1 quart
- Stuffing Peppers - 1 quart
- Bulk Italian Sausage - 1#
- Whole Wheat Pasta - 1#
- Frozen Green Beans - 1 quart
- Lettuce - 1 head
- Apples - 5 to 6
- Frozen Blueberries - 1 pint
- Fermented Pickle Chips - 1 pint

Vegetarian

- Feta - 8oz.
- Frozen Corn - 1 quart
- Stuffing Peppers - 1 quart
- Spelt Berries - 2#
- Whole Wheat Pasta - 1#
- Frozen Green Beans - 1 quart
- Lettuce - 1 head
- Apples - 5 to 7
- Frozen Blueberries - 1 pint
- Fermented Pickle Chips - 1 pint
- Eggs - 1 dozen