



FRESH FORK MARKET

Winter Share 2017-18: Week 15

Just Like the Weather, Bag Contents Subject to Change

Omnivore

- Grass-fed Ground Beef - 1#
- Middlefield Cheese - 8 oz.
- Chicken Patties - 3 per pack
- Ramps - 1 bunch
- Lettuce - 1 head
- Sunflower Oil - 12 oz
- Fermented Pickle Chips - 1 pint
- Frozen Corn - 1 quart
- Frozen Blueberries - 1 pint
- Frozen Blackberries or Cantaloupe - 1 pint

Vegetarian

- Pizza Dough - 2 balls
- Tomato Sauce - 1 pint
- Eggs - 1 dozen
- Ramps - 1 bunch
- Lettuce - 1 head
- Sunflower Oil - 12 oz
- Fermented Pickle Chips - 1 pint
- Frozen Corn - 1 quart
- Frozen Blueberries - 1 pint
- Frozen Blackberries or Cantaloupe - 1 pint
- Oats - 2#