



FRESH FORK MARKET

Winter Share 2017-18: Week 4

Just Like the Weather, Bag Contents Subject to Change

Omnivore

Pork Surprise!

Parsnips - 2#

Broccoli - 1 head

Napa Cabbage - 1 head

Watermelon Radishes - 1#

Beets - 2#

Turnips - 2#

Yukon Gold Potatoes - 3#

Frozen Corn - 1 pint

Canned Peaches - 1 quart

Onion - 1

Brussels sprouts - 1 stalk

Vegetarian

Spinach & Feta Ravioli - 1 pack

Parsnips - 2#

Broccoli - 1 head

Napa Cabbage - 1 head

Watermelon Radishes - 1#

Beets - 2#

Turnips - 2#

Yukon Gold Potatoes- 3#

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