

Fresh Fork Market Summer Share 2016: Week 13

Bag Contents Subject to Change

Small Omnivore

Fennel - 1 bulb

Heirloom Tomatoes - 1.5#

Heirloom Cherry Tomatoes - 1 pint

Corn - 4 ears

Carrots - 1 bunch

Lettuce - 1 head

Ginger Gold apples - 6

Spaghetti Squash - 1

Large Omnivore

Fennel - 1 bulb

Heirloom Tomatoes - 1.5#

Heirloom Cherry Tomatoes - 1 pint

Corn - 4 ears

Carrots - 1 bunch

Lettuce - 1 head

Ginger Gold apples - 6

Spaghetti Squash - 1

Small Vegetarian

Fennel - 1 bulb

Heirloom Tomatoes - 1.5#

Heirloom Cherry Tomatoes - 1 pint

Corn - 4 ears

Carrots - 1 bunch

Lettuce - 1 head

Ginger Gold apples - 6

Spaghetti Squash - 1

Large Vegetarian

Fennel - 1 bulb

Heirloom Tomatoes - 1.5#

Heirloom Cherry Tomatoes - 1 pint

Corn - 4 ears

Carrots - 1 bunch

Lettuce - 1 head

Ginger Gold apples - 6

Spaghetti Squash - 1

Vegan

Fennel - 1 bulb

Heirloom Tomatoes - 1.5#

Heirloom Cherry Tomatoes - 1 pint

Corn - 4 ears

Carrots - 1 bunch

Lettuce - 1 head

Ginger Gold apples - 6

Spaghetti Squash - 1

Red Cabbage

Pork Chops

Peaches - 6

Beets - no tops

Potatoes - 3#

Red Cabbage

NO MEAT

Peaches - 6

Beets - no tops

Potatoes - 3#

Plums

