



Fresh Fork Market

Winter Share 2016/17: Week 5

Just like the weather, Bag Contents might shift!

Omnivore

Ground Beef - 1 lb
Breakfast Patties
Eggs - 1 dz
Broccoli - 1 hd
Garlic Dill Pickle Chips - 1 pt
Potatoes - 3#
Kale - 1 bunch
Onion - 1 ct
Grape Cider - 1 qt
Brussel Sprouts (smaller) - 1 stalk
Frozen Green Beans - 1 qt
Green Cabbage - 1 hd

Vegetarian

Cheese Choice
Canned Peaches - 1 qt
Eggs - 1 dz
Broccoli - 1 hd
Garlic Dill Pickle Chips - 1 pt
Potatoes - 3#
Kale - 1 bunch
Onion - 1 ct
Grape Cider - 1 qt
Brussel Sprouts (smaller) - 1 stalk
Frozen Green Beans - 1 qt
Green Cabbage - 1 hd