

# FRESH FORK MARKET

# Summer Share 2017: Week 13

Just Like the Weather, Bag Contents Subject to Change

## Small Omnivore

Watermelon - 1  
 Cherry Tomatoes - 1 pt  
 Green Pepper - 2  
 Eggplant - 1 to 2  
 Zucchini/Squash - 2  
 Onion - 1  
 Corn - 4 ears  
 Yellow Beans - 1#

## Large Omnivore

Watermelon - 1  
 Cherry Tomatoes - 1 pt  
 Green Pepper - 2  
 Eggplant - 1 to 2  
 Zucchini/Squash - 2  
 Onion - 1  
 Corn - 4 ears  
 Yellow Beans - 1#  
 Whole Wheat Linguine - 1#  
 Roma Tomatoes - 2#  
 Peaches - 5 or 6  
 Heirlooms - 1.5#  
 Baby Back Ribs - 1 slab

## Vegetarian

Watermelon - 1  
 Cherry Tomatoes - 1 pt  
 Green Pepper - 2  
 Eggplant - 1 to 2  
 Zucchini/Squash - 2  
 Onion - 1  
 Corn - 4 ears  
 Yellow Beans - 1#

## Large Vegetarian

Watermelon - 1  
 Cherry Tomatoes - 1 pt  
 Green Pepper - 2  
 Eggplant - 1 to 2  
 Zucchini/Squash - 2  
 Onion - 1  
 Corn - 4 ears  
 Yellow Beans - 1#  
 Whole Wheat Linguine - 1#  
 Roma Tomatoes - 2#  
 Peaches - 5 or 6  
 Heirlooms - 1.5#  
 Cornmeal - 2#  
 Tomato Sauce - 1 pt

## Vegan

Watermelon - 1  
 Cherry Tomatoes - 1 pt  
 Green Pepper - 2  
 Eggplant - 1 to 2  
 Zucchini/Squash - 2  
 Onion - 1  
 Corn - 4 ears  
 Yellow Beans - 1#

Whole Wheat Linguine - 1#

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Plums

