

FRESH FORK MARKET

Summer Share 2017: Week 21

Just Like the Weather, Bag Contents Subject to Change

Small Omnivore

Green Cabbage - 1

Turnips w/ greens

Red Peppers - 2

Apples - 5 to 6

Broccoli - 1 head

Cherry Tomatoes - 1 pt

Sweet Potatoes - 3#

Eggs - 1 dozen

Large Omnivore

Green Cabbage - 1

Turnips w/ greens

Red Peppers - 2

Apples - 5 to 6

Broccoli - 1 head

Cherry Tomatoes - 1 pt

Sweet Potatoes - 3#

Eggs - 1 dozen

Delicata Squash - 2

Spinach - 8 oz

Lettuce: 1 sleeve

Ohio City Provisions'

Breakfast Links - 1#

Vegetarian

Green Cabbage - 1

Turnips w/ greens

Red Peppers - 2

Apples - 5 to 6

Broccoli - 1 head

Cherry Tomatoes - 1 pt

Sweet Potatoes - 3#

Eggs - 1 dozen

Large Vegetarian

Green Cabbage - 1

Turnips w/ greens

Red Peppers - 2

Apples - 5 to 6

Broccoli - 1 head

Cherry Tomatoes - 1 pt

Sweet Potatoes - 3#

Eggs - 1 dozen

Delicata Squash - 2

Spinach - 8 oz

Lettuce: 1 sleeve

Brussels sprouts - 1 stalk

Cheese Choice

Vegan

Green Cabbage - 1

Turnips w/ greens

Red Peppers - 2

Apples - 5 to 6

Broccoli - 1 head

Cherry Tomatoes - 1 pt

Sweet Potatoes - 3#

Brussels sprouts - 1 stalk

