

FRESH FORK MARKET

Summer Share 2017: Week 22

Just Like the Weather, Bag Contents Subject to Change

Small Omnivore

Acorn Squash - 2

Kale - 1 bunch

Green beans - 1#

Carrots - 1 bunch

Cauliflower - 1 head

Kohlrabi - 1 head

Apples - 5 to 6

Large Omnivore

Acorn Squash - 2

Kale - 1 bunch

Green beans - 1#

Carrots - 1 bunch

Cauliflower - 1 head

Kohlrabi - 1 head

Apples - 5 to 6

Vegetarian

Acorn Squash - 2

Kale - 1 bunch

Green beans - 1#

Carrots - 1 bunch

Cauliflower - 1 head

Kohlrabi - 1 head

Apples - 5 to 6

Large Vegetarian

Acorn Squash - 2

Kale - 1 bunch

Green beans - 1#

Carrots - 1 bunch

Cauliflower - 1 head

Kohlrabi - 1 head

Apples - 5 to 6

Vegan

Acorn Squash - 2

Kale - 1 bunch

Green beans - 1#

Carrots - 1 bunch

Cauliflower - 1 head

Kohlrabi - 1 head

Apples - 5 to 6

OCP Breakfast Sausage Patties - 1#

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Spinach - 8 oz.

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Spinach - 8 oz.

Golden Beets - 1 bunch

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Golden Beets - 1 bunch

Apple Butter - 1 pint

Apple Butter - 1 pint

Ohio City Pasta - 1#

Ohio City Pasta - 1#

Spelt Berries - 2#

Sunflower Oil - 1 bottle

