



FRESH FORK MARKET

Winter Share 2019/20: Week 10

Just Like the Weather, Bag Contents Subject to Change

OMNIVORE

Ramen Noodles
Carrots
Onion
Rutabaga
Blueberries
Apples
Blueberry Bread Pudding
Stock
Marinated Pork Belly

VEGETARIAN

Ramen Noodles
Carrots
Onion
Rutabaga
Blueberries
Apples
Blueberry Bread Pudding
Frozen Green Beans
Frozen Cauliflower Rice
Pierogies